

ABC Homebirth

Written and illustrated by: Jessica Ghigliotti

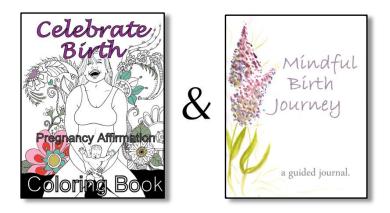
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Celebrate Birth Coloring Book

Mindful Birth Journey



Available at <u>BirthArtByJessica.com</u>

- My gift to you!

Midwives, Doulas and all birth professionals:

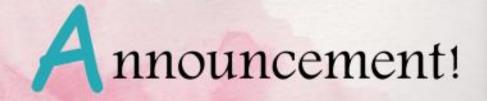
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Hugs!

Jessica Ghigliotti

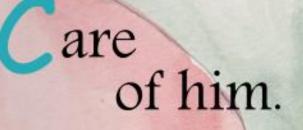
I have an



My family is having a new Baby!

Our baby isn't born yet,

but we already take good



I help Mommy eat a good, healthy

I help Mommy get lots of

iet.

xersize.

We have a midwife to help us take care of our baby.

yJessica

She carefully eels Mommy's tummy.

She measures how much our baby is Growing. She listens to baby's eartbeat.

Our baby grows big and strong Inside Mommy.

I like to feel baby Jumping and icking!

When baby is big enough, Mommy's body starts working to bring baby out.

This work is called abor

BirthArtByJessi

We call the idwife to come help Mommy.

Now Mommy makes lots of funny

oises!

Her noises help her body

ush

Open

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Sometimes Mommy's noises are very uiet...

And sometimes she might Roar!

Mommy's labor gets Stronger and stronger...

Until finally it is

ime!

Our baby (is born!

At first, baby is still connected to Mommy by the Umbilical cord.

Then our midwife cuts it. It doesn't hurt baby at all!

BirthArtByJ

I Say "Hello." to baby.

Our baby hears my oice and looks at me!

111

Welcome baby! We are so e cited to meet you!



Mommy yawns. I yawn.

